



HOW TO PREVENT SEXUAL HARASSMENT

Sexual harassment is a form of sex/gender discrimination. It involves unwelcome sexual advances, request for sexual favors or unwanted verbal or physical conduct of a sexual nature. There are different types of sexual harassment:

“Quid pro quo” – This term means “something for something,” or “this for that.”

It may involve threats – the person may say he or she will punish you if you do not submit to his or her wishes.

It could involve rewards – the person may say he or she will reward you if you submit to his or her request.

Hostile work environment – if you feel uncomfortable or intimidated.

Sexual harassment comes in different forms:

- Verbal
- Nonverbal
- Physical

Army Policy states that leaders will treat soldiers with dignity and respect. Respect and dignity are expected both up and down the chain of command. But, how do you prevent sexual harassment?

If you see sexual harassment, tell the harasser to stop.

Threat others like you want to be treated.

You can make an informal/formal complaint.

Report any case.

You have the right to submit a complaint without fear of intimidation or reprisal. If you have any question or want to file a complaint, call the Equal Opportunity Officer, MAJ Ivette Galarza, 289-1403.

Reference: NGR 600-21 Chapter 2, 2-1.